#### LEARNING TO SWIM - TRAINING SESSIONS











## PREPARING FOR

## **COMPETITION**









# SCHOOL COMPETITION





# DISTRIBUTION OF MEDAL



**Christian Central** 

St. Luke



**Friends Boy School** 

**Stella Morris** 



Ephesus S.D.A.

**Calvert Baptist** 



**Trinity Primary** 

**Outstanding Swimmers** 

#### **SPECIAL AWARD**



Stella Morris Student Alex was given an award for courage and determination.

When Alex first arrived at the YWCA he was afraid to go into the pool but with good coaching from the trainers at the end of the program he was able to swim.

# Students are give free time to have fun using the skills learnt.





# **Swim Instructors and Life Guard Training**







